

## OUT AND ABOUT WITH A PRAM

### **UNTERBERGALM TRAIL**

Starting at the Maiskogel upper terminus (altitude approx. 1,500 m), the trail leads almost flat in western direction through the forest directly to the Unterbergalm.

Difficulty: easy | 1 h | 20 altitude metres, trail suitable for prams: from the Maiskogel to the Unterbergalm

Route description: Leisurely gravel path (route no. 25 on the hiking map)

Walking time: approx. 30 min., 3.5 km. Return the same way.

Ascent by Maiskogelbahn cable car

Arrival by public transport: Bus stop Schaufelberg Kaprun, ample free of charge parking available.

#### **Refreshment stop:**

Unterbergalm from 13 June - end of September: Here you can enjoy homemade cheese and elderberry juice -

Maiskogel Alm Ranch - open from the beginning of May - end of October. A highlight for the little ones: the petting zoo

### **KAPRUN MOOR TOUR**

Route description: From the Auhof restaurant, walk in the direction of flow, to the right of Kapruner Ache and then turn right again to the TAUERN SPA Kaprun. From there, walk between fields to the left into the Brunnwiesenweg and then right into the Filzmooswäldchen. At the end of the small forest (along the Kaprun Moor) you will reach a small playground. Then continue towards Kaprun Castle and via Schloßstraße, Häulshofstraße and Feldstraße back to the starting point.

Walking time: 1h 20 min. - 5.4 km

Starting point:

Restaurant Auhof

Arrival by public transport:

Bus stop Schaufelberg Kaprun, ample free of charge parking available

#### **Refreshment stop:**

At the starting point Restaurant Auhof: Please note that closing days may vary! At the junction of Schloßstraße - Häuslhofstraße - Peter-Buchner-Straße: Restaurant Tafern: Closed on Tuesdays.

### **MAISKOGEL AGRICULTURAL ROAD trail no. 33**

#### Route description

Take the Schaufelbergstraße, which starts opposite the secondary school, and continue leisurely to the Unteraigen Jausenstation (snack stop). Then carry on to the Vorderweißstein cattle grid, now turn right to the Stangerbauer cattle grid. Because of a constant, slight ascent, you need a bit of stamina for the second part. Return the same way. 2 h - 1.5 km

#### Starting point

Kaprun Secondary School

#### Arrival by public transport

Bus stop town centre

#### Refreshment stop

Unteraigen Jausenstation with regional specialities -Stangerbauer with beautiful panoramic terrace

### **BRUNNWIESENWEG trail no. 16**

#### Route description

Starting from the town centre, walk in the direction of Kaprun Castle. At the junction of Peter-Buchner-Straße and Häuslhofstraße, the Brunnwiesenweg branches off to the left. Cross the Kaprun Moor to reach the Salzach, where the Salzachweg joins from the left. If you follow the Brunnwiesenweg, you reach the Salzach bridge. Return the same way or via the Tauern Cycle Track. 2 h

#### Starting point

Kaprun town centre - Hotel Alpenhaus Kaprun

#### Arrival by public transport

Bus stop Schaufelberg Kaprun, ample free of charge parking nearby

#### Refreshment stop

All cafés and restaurants directly in the town centre - at the Gasthof Mitteregger inn, you will also find a nice playground

### **FILZMOOSWEG trail no. 18**

#### Route description

This highly recommended walk starts behind the "Hotel zur Burg". The route runs below the Jakobskapelle chapel and Kaprun Castle, through the protected Filzmooswäldchen forest, first to the right to the Brunnwiesenweg and via this trail back to the town.

#### Starting point

Hotel zur Burg Kaprun

Arrival by public transport:  
Kaprun town centre - from here on foot

#### **Refreshment stop**

At the starting point Restaurant Auhof: Please note that closing days may vary! At the junction of Schloßstraße - Häuslhofstraße - Peter-Buchner-Straße: Restaurant Tafern: Closed on Tuesdays.

### **WALK TO PIESENDORF trail no. 19**

#### Route description

At the entrance to the town, the Einödweg access road to the Schaufelberg lift branches off to the right from the main road. Continue through the pedestrian subway to the Tauern electrical substation in direction Köttinginöden to the bridge over the Salzach. The trail ends in the centre of Piesendorf.

2 h -

#### Starting point

Maiskogelbahn cable car lower terminus in Kaprun

#### Arrival by public transport

Bus stop Schaufelberg Kaprun, ample free of charge parking available

#### **Refreshment stop:**

The Maisi Alm at the foot of the Schaufelberg - next to it you will find a special highlight: the Maisi Flitzer Alpine Coaster for the older kids.

### **NIKOLAUS GASSNER PROMENADE trail no. 54**

#### Route description

Uphill on the asphalted Mozartstraße to Hotel Berner. Then take the gravel path no. 54 to Schüttdorf as far as the tunnel portal. Return the same way. You can also start in Schüttdorf. Especially recommended on hot summer afternoons! Walking time: 20 min. - 0.9 km

#### Starting point

Zell am See Information

#### Arrival by public transport

Bus stop Postplatz in Zell am See, train stop Pinzgaubahn railway Zell am See

#### **Refreshment stop**

Cafés and restaurants in the town centre

### **FISCHHORN WALKING AND CYCLE TRACK trail no. l**

#### Route description

Circular tour on a gravel path with no ascents around the nature reserve of the southern part of Lake Zell. Walking time: 1.0 h - 4.9 km

#### Starting point

Porscheallee, if you are travelling by public transport. Otherwise: car park in Bruck

#### Arrival by public transport

From Zell am See train station with the Pinzgau local railway to Tischlerhäusl station or by bus to Schüttdorf/Tischlerhäusl. From Kaprun with bus service 660 to "Tischlerhäusl". Continue on foot to Porscheallee (approx. 15 min. walk to the starting point).

#### Refreshment stop

Beach bar and restaurant at the Erlberg Lido (Haus Gabi)

### **KEILBERGWEG trail no. e**

#### Route description

Starting point Dorfschenke in Schüttdorf. At Schüttgut, the trail branches off to the right from Aretiweg and winds its way up to Huber Hof on an asphalted track. From here the trail continues on a hiking trail to the Schober Alm. You need to have a good level of fitness here (240 m difference in altitude!). The hiking trail is easy to follow - you cross a very small stream - only a short stretch leads over rough stones. A pram with large tyres is recommended here. 1 h to Huber Hof, another approx. 20 min. to Schoberalm - 3.6 km in total

#### Starting point

Dorfschenke in Schüttdorf

#### Arrival by public transport

Bus stop .... , parking facilities available

#### Refreshment stop

Schober Alm with great views of Zell am See-Kaprun

### **EINÖD AGRICULTURAL ROAD trail no. g**

#### Route description

Starting from the cemetery in Zell am See, the trail leads on a continuous asphalted road first through a residential area and then along the Einöd agricultural road to the Pfefferbauer Jausenstation (snack stop). Please note: 141 m of altitude in just 0.7 km! Approx. 1 h walking time

#### Starting point

Cemetery in Zell am See

Arrival by public transport

Bus stop Einöd/Friedhof, there are some free of charge parking spaces along the road towards Zell am See.

**Refreshment stop**

Pfefferbauer Jausenstation - beautiful panoramic terrace with a view across Lake Zell

### **LAKE PROMENADE trail no. h**

Route description

It is possible to walk completely around Lake Zell on the lakeside promenade. The western part of the promenade runs almost exclusively directly next to the lakeshore. In the southern part, the trail leads via the Thomas-Bernhard-Weg through the nature reserve. The eastern part of the promenade leads on a pavement along the lakeside road. 3 h, 12 km

Starting point

Grand Hotel Zell am See

Arrival by public transport

Train station in the direct vicinity, bus stop at the train station, ample parking spaces nearby

**Refreshment stop**

Café in the Grand Hotel with lakeside terrace, Villa Crazy Daisy

### **HOFMANNSTHALSTRASSE TRAIL NO. I**

Route description

Hoffmannsthalstrasse (located opposite the Zell am See Yacht Club) is a very short, but also very charming promenade because of the landscape and Prielau Castle, which beckons with its culinary variety and sophisticated cuisine as well as its history. 20 min, 1 km

Starting point

Zell am See Yacht Club

Arrival by public transport

from the Esplanade "crossing" to the Seecamp: 9:30am, 11:00am, 12:30pm, 2:00pm, 3:00pm, 4:30pm and 6:00pm.

**Refreshment stop**

Prielau Castle - Seecamp - Gasthof Wieshof inn

### **VALLEY HIKING TOUR FROM ZELL AM SEE TO KAPRUN**

#### Route description

From the Porsche Equestrian Centre via Porsche Allee and the cycle track in direction Bruck to the industrial estate; through the pedestrian subway; continue along the cycle track to the railway underbridge, walk around the premises of the Safe company (Safestraße); turn right immediately after the bridge and then continue along the Salzach to Kaprun. 1.5h - 7.8 km

#### Arrival by public transport

Take the Pinzgaubahn railway to the train station in Tischlerhäusl and then walk to Porsche Allee.

#### Refreshment stop

Gasthof Auhof in Kaprun